

THE RIGHT COLOURS

Mantle Business Centre provides the perfect home/work life balance and a colour scheme which promotes a productive and relaxing environment

With the working from home guidance removed and all further Covid restrictions a thing of the past is it's time to ditch those pyjamas once and for all and get back to the office. We've read a report however, released by the ONS (Office for National Statistics) that one in seven workers still haven't returned to the office.

Telling the population to head back to the office, does not mean that you can never work from home again and that you have to be in the office to work. The reality is many of us have been working from home very hard without the distractions of office chat and coffee breaks. This doesn't suggest that colleague interaction is a bad thing but is it needed every day? We think colleague interaction is positive and studies show employees can thrive in an office environment.

Over the last two years, some of our homes have become our workspace environment. If we are lucky enough, a room in our home has been designated as an office, but for others, it has been more of a challenge. Working and living in one space, has played havoc with our private lives.

Our home is our personal space. More importantly how we decorate them reflects our personality, attitude and feelings. How we transform the interiors from wall colour to fixtures and fittings is expressive. Creating that perfect harmonious environment is so important, and colour changes the size and feel of a room instantly. We choose tones which complement our daily life and they affect our moods and energy levels.



At Mantle, we take the usage of colour for our workspaces very seriously. It is as important as ensuring that our serviced and co-working spaces contain furniture and equipment needed to conduct day to day business activities. Desks, chairs, pedestal filing cabinets, phone systems, conference room tables, and more. The overall surroundings, the ambience, and more specifically the colours which we choose to use on the walls of our office spaces has an effect on our workplace productivity. Colour impacts our moods and our thoughts based on our age, gender, climate and ethnicity background.

Colours can encourage positive emotions in employees. Natural-toned colours such as green and blue hues can improve efficiency and focus, while warm yellows can trigger optimism, creativity and fresh energy. We use these colours consistently across all our centres.

We also consider fabrics, furnishings and texture to be an important aspect of the working environment, and work with a reputable and local furniture supplier who understands our brand and what we are trying to achieve. Much of the Mantle workspace involves the use of cork walls, small plants and trees to soften, absorb noise and pollution. Our aim is to offer a calm, productive and inspiring environment which increases productivity and creates a positive impact on the well-being on our members.

When visiting one of our centres, take a minute to look around at the surroundings and see how our use of colour affects you.